

“Also known as clysis, HDC is a process for administering isotonic fluids subcutaneously. This fluid replacement technique is less invasive than standard I.V. therapies and can be used in nonemergency situations” Smith (2014).

Reference:

Smith, L.S. (2014) Hypodermoclysis with older adults. Nursing. 44(12), p.66.

Extract:

“Also known as clysis, HDC is a process for administering isotonic fluids subcutaneously. This fluid replacement technique is less invasive than standard I.V. therapies and can be used in nonemergency situations. HDC is considered a safe, easy, effective, comfortable, and cost-effective way to treat mild-to-moderate dehydration for anyone who can’t drink enough fluids.<sup>1</sup> HDC is especially useful for older adults who have a diminished thirst sensation and dehydration related to pneumonia or infection” Smith (2014).

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