

**Its practice, involving especially self-administration, seems to be safe, efficacious and cost-effective, as long as international good practice recommendations are applied” Moulin et al (2016).**

Abstract:

With the increase of infections without option for an oral treatment, the systematic use of hospitalization overloads the healthcare system and causes growing political concern. For carefully selected patients, outpatient parenteral antibiotic therapy is an interesting alternative, with more than 40 years of experience in several countries.

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In this perspective, an outpatient parenteral antibiotic therapy (OPAT) unit was established in Lausanne two years ago. This article aims to describe its activity. Its practice, involving especially self-administration, seems to be safe, efficacious and cost-effective, as long as international good practice recommendations are applied.

Reference:

Moulin, E., Boillata, N. and De Vallière, S. (2016) Outpatient parenteral antibiotic therapy (OPAT): the Lausanne experience supporting new perspectives. *Revue Médicale Suisse*. 12(514), p.726-30. .

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