To investigate three different distraction methods (distraction cards, listening to music, and distraction cards + music) on pain and anxiety relief in children during phlebotomy” Aydin and Sahiner (2017).

Abstract:

AIM: To investigate three different distraction methods (distraction cards, listening to music, and distraction cards + music) on pain and anxiety relief in children during phlebotomy.

RESULTS: Two hundred children (mean age: 9.01±2.35 years) were included. No difference
was found between the groups in the self, parent, and observer reported procedural pain levels (p=0.72, p=0.23, p=0.15, respectively). Furthermore, no significant differences were observed between groups in procedural child anxiety levels according to the parents and observer (p=0.092, p=0.096, respectively).

CONCLUSIONS: Pain and anxiety relief was seen in all three methods during phlebotomy; however, no statistically significant difference was observed.

References:


Thank you to our partners for supporting IVTEAM