

Maintaining the balance of fluid and electrolytes is crucial to the care of patients across the continuum” Walker (2016).

Abstract:

Maintaining the balance of fluid and electrolytes is crucial to the care of patients across the continuum. To do this, a practitioner must be cognizant of key monitoring and assessment parameters. Key electrolytes, their function within the body, normal values, signs and symptoms of imbalances, key treatment modalities, and other considerations are discussed.

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Reference:

Walker, M.D. (2016) Fluid and Electrolyte Imbalances: Interpretation and Assessment. *Journal of Infusion Nursing*. 39(6), p.382-386.

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