

Our study shows that use of alcohol handrub, either covering all hand surfaces in no particular order or using the 7-step technique, and chlorhexidine handwashing were equally effective in removing hand carriage of these pathogens” Ho et al (2015).

Abstract:

We conducted a randomized controlled trial in a tertiary-care hospital in a real-time setting to evaluate the effectiveness of 3 hand hygiene protocols in reducing hand carriage of methicillin-resistant and methicillin-sensitive *Staphylococcus aureus* among health care workers. Our study shows that use of alcohol handrub, either covering all hand surfaces in no particular order or using the 7-step technique, and chlorhexidine handwashing were equally effective in removing hand carriage of these pathogens.

ReTweet if useful... Alcohol handrubbing and chlorhexidine handwashing are equally effective [@ivteam #ivteam](http://ctt.ec/67SUD+)

Click To Tweet

Reference:

Ho, H.J., Poh, B-F., Choudhury, S., Krishnan, P., Ang, B. and Chow, A. (2015) Alcohol handrubbing and chlorhexidine handwashing are equally effective in removing methicillin-resistant *Staphylococcus aureus* from health care workers’ hands: A randomized controlled trial. *American Journal of Infection Control*. July 11th. .

Thank you to our partners for supporting IVTEAM