



Intravenous literature: Atherton, J.C. (2009) Role of the kidney in acid-base balance. *Anaesthesia and intensive care medicine*. 10(6), p.276-278.

Abstract:

Correction of disturbances in acid-base balance is achieved by: physicochemical buffering by extracellular and intracellular buffer systems (instantaneous), alveolar ventilation to control pCO<sub>2</sub> (rapid), and renal compensation (long term). Buffering and changes in ventilation limit changes in pH but cannot return acid–base status to normal. The kidney has a pivotal role: disturbances can be completely corrected through changes in H<sup>+</sup> secretion and HCO<sub>3</sub><sup>-</sup> reabsorption and production. HCO<sub>3</sub><sup>-</sup> reabsorption is modified by changes in GFR (filtered load), changes in extracellular volume and by hormones which modify Na<sup>+</sup> reabsorption via the Na<sup>+</sup>–H<sup>+</sup> exchanger in renal tubular cells. Changing the activity of this exchanger influences H<sup>+</sup> secretion and, hence, HCO<sub>3</sub><sup>-</sup> reabsorption. Chronic (but not acute) changes in pCO<sub>2</sub> influence HCO<sub>3</sub><sup>-</sup> reabsorption through changes in the filtered load and, in chronic acidosis, by the insertion of more H<sup>+</sup> transport proteins in renal tubular cells. Renal HCO<sub>3</sub><sup>-</sup> production is linked to H<sup>+</sup> excretion: acid buffer salts (phosphate, creatinine), their availability and pK and tubular fluid pH. Formation and excretion of NH<sub>4</sub><sup>+</sup> buffer salts are important – acidosis stimulates secretion of NH<sub>4</sub><sup>+</sup> (proximal tubule) and NH<sub>3</sub> (collecting duct). There is a reciprocal relationship between extracellular K<sup>+</sup> and NH<sub>4</sub><sup>+</sup> excretion, hence HCO<sub>3</sub><sup>-</sup> production.

